

# LA DOLCE VITA - ITALY'S WONDERS FROM ROME TO VENICE

Here is a wonderful journey which will appeal to those who have a love of Italy, enjoy a varied programme of interesting visits ashore, travelling in the company of just 100 or so like-minded travellers and sailing aboard a delightful small ship. It is difficult to imagine a better time of year or a more ideally suited vessel for our voyage; just about everything is as perfect as it can be, from the comfortable temperatures to the relatively crowd free sites. Sailing south from Rome's port of Civitavecchia aboard the all-suite MS Island Sky, we will call into Naples, cruise around the Amalfi Coast to Salerno, continue to Sicily and then onwards to Puglia. We then sail along Italy's Adriatic Coast to Ancona followed by time spent in the region of Emilia-Romagna before arriving at Venice, a fitting conclusion for our Italian odyssey. We will discover all aspects of this wonderfully diverse country from its art, architecture, music and ancient sites to some charming towns and stunning coastal scenery. Our days will be varied as we explore UNESCO World Heritage Sites, walk through historic villages and towns, and discover the uniqueness of each region as well as enjoying opportunities to sample the local food and wine. Owing to the fact that our small ship can moor centrally, we have the added advantage of being able to access the towns by foot in many ports of call and we have also included time at leisure for individual exploration enabling you to soak up the atmosphere at your own pace.



### ITINERARY

Day 1 London to Rome, Italy.

Fly by scheduled flight. Arrive and transfer to our central hotel

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for an overnight stay. The remainder of the day is at leisure.

#### Day 2 Rome.

Spend the morning in the Eternal City and choose to explore at your own pace or join a guided walking tour which will visit some of the iconic sites of the city including the Pantheon, Trevi Fountain, Navona Square and the Spanish Steps. This afternoon we will transfer to the port of Civitavecchia to embark the MS Island Sky and sail in the early evening.

#### Day 3 Naples & Herculaneum.

Arriving in Naples we see the Norman castle that protects the port and the backdrop of Mount Vesuvius in the distance. There will be a choice of tours today and you may choose to visit Herculaneum, a wealthy Roman town which was completely submerged by volcanic mud following the 79 AD eruption of Vesuvius. Since its rediscovery in 1709, excavations have revealed beautiful public baths, villas and gardens of noble families, decorated with murals and floor mosaics, and the remains of a theatre. Alternatively explore Naples including the Piazza del Plebiscito with its range of buildings including the Galleria Umberto I, the Maschio Angioino and the Palazzo Reale. Inside the palace you will visit the Historical Apartment, which is accessed through the majestic Staircase of Honour, which Montesquieu described as the most beautiful in Europe. Also see the Teatro San Carlo which was built in 1737 and is the oldest opera house in Europe. The afternoon is free to explore at your own pace and you may wish to walk the bustling Via dei Tribunali in the historic centre or make your way to one of the

city's pizzerias to enjoy one of Naples's most famous exports.

Day 4 Salerno, Paestum & Cilento.

Overnight we will have sailed around the Amalfi coast to the ancient city of Salerno, our gateway to the Cilento region, a mix of small villages, coastal paths, archaeological sites, national parks and renowned as the home of the Mediterranean diet. Maybe choose to visit the site of Paestum, which was founded by Greeks in 600 BC. This well preserved and fascinating site was rediscovered in 1752 and during our time we will see the impressive Temple Poseidon, the Basilica, Amphitheatre and Aethenian before spending some time in the museum, adjacent to the site. Alternatively learn about one of the Cilento region's main exports as we visit a farm to hear about the production of the local Mozzarella di Bufala.

### Day 5 Messina for Taormina or Tindari, Sicily.

From the nearby port of Messina, you can choose to visit Taormina, a walled town lying in the shadow of Mount Etna, Europe's highest volcano. The town has been a popular tourist destination since the 19th century and our guided tour will include walking the characteristic alleys before visiting the 15th century Palazzo Corvaja and the impressive Greek Theatre from where there are marvellous views over the town and coast. Alternatively, join an excursion to Tindari a town which was founded by Syracusan merchants during the war against Carthage in 396 BC. The ruins of the ancient city are relatively well preserved and the structure that astounds above all others is the 4th century Greek Theatre which is a marvel of acoustic

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engineering. However, the foremost attraction is the Sanctuary of the Madonna Nera containing the sculpture of the Virgin and Child, in citron wood, and which is said to have reached Tindari in an attempt by the faithful to keep it safe from the 8th century Byzantine Iconoclast movement.

#### Day 6 Syracuse.

Syracuse was founded by the Greeks in 734 BC and by the 5th century was a political and military power throughout the Mediterranean, rivalling Athens as the largest and most beautiful city in the Greek world. This morning we visit the Neapolis Archaeological Park to discover the wellpreserved Greek theatre with seats carved from limestone. Paradise Quarry, now an attractive garden and orange grove, was the primary source of that limestone and is the site of the curious 'Ear of Dionysius', a vast grotto with an amplifying resonance. Returning to the ship for lunch we have a free afternoon to explore Ortigia, the historical centre of Syracuse where we find the Temple of Apollo, considered to be Sicily's most ancient Doric temple and the Baroque Cathedral, erected over the remains of the Temple of Minerva. We meet this evening for a private concert in one of the town's palazzos accompanied by local food and wine.

#### Day 7 At sea.

After a busy few days, spend a leisurely day on board allowing time to relax on deck and attend a lecture.

#### Day 8 Otranto & Lecce.

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After breakfast we will drive to Lecce, often referred to as 'The Florence of the South' with its amazing collection of Baroque architecture. A guided walk will include a visit to the beautifully decorated Santa Croce Basilica and Piazza Duomo, considered one of the finest and most impressive squares in southern Italy. We return to the ship for lunch and a leisurely afternoon to explore Otranto independently, maybe walk the winding streets or along the seaside promenade. The highlight is the wonderful cathedral with its Medieval mosaic floor created by the monk, Pantaleone, between 1163 and 1165. You can also see the Chapel of the Dead which shows the bones and skulls of 813 martyrs killed by the invading Turks in 1480.

Day 9 Monopoli, Alberobello & Ostuni.

This morning there is a choice of excursions. You may choose to join the tour into the Puglian countryside which is scattered with 'trulli', limestone dwellings built with dome or conical roofs. We will enjoy a pleasant walk in Alberobello, a fairy-tale trulli village and a UNESCO World Heritage Site and see the St Anthony Church also built in trullo style. Alternatively, head to the 'White City' of Ostuni, so called due to the almost blinding sunlight reflecting on the walls of its whitewashed dwellings. Ostuni has a privileged position as it was built on three hills and from the top of the town you can enjoy a stunning view of the Adriatic coast from which Ostuni is separated by an ocean of centuries-old olive trees. The town has maintained its Medieval atmosphere which we will experience as we walk through the meandering, narrow and picturesque streets of the old town



which lead to the impressive 15th century cathedral, a beautiful example of Apulian Romanesque style. After lunch on board you can enjoy a free afternoon in Monopoli to wander through the historic centre, visit the cathedral or see the Castello di Carlo V.

#### Day 10 Ancona for Urbino & Loreto.

Arrive this morning at the busy port of Ancona, from where we will have a choice of excursions. We will head inland to the UNESCO city of Urbino, birthplace of the artist Raphael, with a historic centre that appears little changed since the 15th century, when it became a centre of culture attracting artists and scholars from all over Italy. See the Duomo, the house where Raphael was born in 1483, which is now a museum, as well as the impressive Palazzo Ducale, built under Federico da Montefeltro, where we find the National Gallery of Marche containing a stunning collection of Renaissance art. Alternatively, join a morning tour to the renowned Marian pilgrimage site of Loreto to visit the small town, its lovely piazza and the church of the "Holy House", built for enshrining the house in which the Blessed Virgin Mary is believed by some Catholics to have lived, which was transported all the way to Marche from Palestine. The afternoon is free to relax on board or explore Ancona at your own pace.

## Day 11 Ravenna & Bologna.

From our berth in Ravenna there will be a choice of tours today. Ravenna has a rich history being the capital of the Western Roman Empire and capital of the Ostrogoth Kingdom of Italy whilst the port of Classe was one of the largest in the Roman world. From the 4th to 6th century, the city became a hub for skilled craftsmen who covered the city's churches in stunningly beautiful mosaics which were described by Dante as a "symphony of colour". A morning tour will include the Basilica di Sant Apollinare, named after Ravenna's patron and featuring mosaics of biblical figures such as Abraham and Emperor Constantine IV. Meanwhile, at the Basilica di San Vitale we will see mosaics representing Old Testament scenes and the Byzantine Emperor Justinian. Alternatively join a full day tour to Bologna, considered as one of the most beautiful cities in Italy, dominated by spectacular architecture from the Medieval, Renaissance and Baroque periods.

#### Day 12 Rovinj, Croatia & Venice, Italy.

Spend the morning in Croatia and the atmospheric town of Rovinj where the houses inside the old town are small and lean into each other creating a unique atmosphere. Our guided walking tour will include the Franciscan Monastery, City Palace and the 17th century clock tower before we visit the town's main landmark, St Euphemia Church, which is built on the top of a small hill. This Baroque building built in Venetian style was dedicated to the saint and martyr whose sarcophagus, according to a legend, was miraculously washed ashore somewhere around 800 AD. Depart over lunch and be on deck in the late afternoon as we sail into Venice where you may want to take the opportunity to enjoy a pre or post-dinner stroll. Moor overnight.

Day 13 Venice to London.

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Disembark after breakfast and transfer to the airport for the return scheduled flight.

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# YOUR SHIP: ISLAND SKY

YOUR SHIP:	Island Sky
VESSEL TYPE:	
LENGTH:	
PASSENGER CAPACITY:	
BUILT/REFURBISHED:	

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With a maximum passenger capacity of only 116, a vessel of her size is capable of carrying many more but instead the MS Island Sky has the benefit of unusually large suites, luxuriously appointed public areas and spacious outside decks. There is a high ratio of crew to passengers- the friendly crew of 75 crew and Scandinavian captains are experienced mariners, having been in service aboard large 2000 plus passenger vessels and who now prefer a less frantic life aboard a small ship. If, like them and us, you prefer a more peaceful life at sea, you will find the MS Island Sky the perfect ship. When choosing the vessel for your next voyage of discovery, you can select a ship with endless entertainment and impersonal service or come with us where peace, high quality service and attention to detail are the order of the day. We promise there will be no organised entertainment, fancy dress, deck games or any of the usual big ship experiences. The atmosphere on board is more akin to a private yacht or country hotel. A little music in the lounge or bar after dinner, guest speakers, informative port briefings from our cruise director and of course good food which may be enjoyed leisurely in the attractive dining room. After a day ashore you will return to the comfort and peace of a well run and exceedingly

comfortable ship. Your Suite Onboard there are 57 exceptionally spacious and well designed suites. All feature a sitting room area and some have private balconies. The feeling of luxury is enhanced by the wood panelling and brass, which predominates throughout the vessel conveying the atmosphere of a private yacht. The passenger accommodation is arranged over five decks and all suites have outside views. Each affords considerable comfort with en-suite bathroom featuring marble-topped vanity unit with sink and walk-in shower, large wardrobes, dressing table with large mirror and stool and excellent storage. There is a mini-fridge, flat screen television with inbuilt DVD player which can also play CDs and a telephone in each suite. Bottled water, towelling dressing gowns and slippers are also provided for your comfort. Other facilities include a programmable electronic safe, hairdryer, assorted toiletries and individually controlled air-conditioning and heating. The suites on each deck have their own colour theme. Soft hues and blended tones enhance the traditional maritime style making the passenger accommodation an inviting and relaxing place to be. Your Space The spacious and finely decorated public rooms include a large lounge where daily briefings and talks will be provided throughout the voyage and an elegant bar where a pianist plays periodically throughout the day. The bar also features a 24-hour tea and coffee station. The onboard library is the perfect place to relax with a book and is stocked with reference books pertaining to the places the vessel is visiting along with a selection of games and two computers with internet access. Daily newspapers and magazines are also placed in the library depending on local availability. There is

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also WI-FI access throughout the vessel. Outside there is a rear sun deck where meals are served in warm weather under shade, a bar and comfortable deck furniture for sun bathing or relaxing with a book. On the top deck there is a Jacuzzi and further observation and sun deck. There is also a small hairdressers on board with appointments made on request. Your Dining Another benefit of a small ship is the quality of the cuisine. With only one sitting and a maximum of just over 100 passengers, the galley is able to provide delicious meals. Where possible and when it meets his high standards, the chef will obtain local produce in markets or buy the catch of the day from a passing fishing boat. Such purchases enhance the well stocked larders and bring a local touch to the

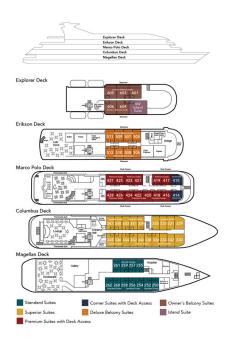


varied menus.

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# **INSIDE YOUR SHIP**



Columbus Deck Superior Suite Marco Polo Deck Premium Suite





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# PRICING

## 30-Sep-2025 to 12-Oct-2025

Marco Polo Deck Premium Suite	£7795 GBP pp
Columbus Deck Superior Suite	£7595 GBP pp

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