

ALL INCLUSIVE ANTARCTIC CIRCLE EXPEDITION ABOARD ROALD AMUNDSEN

This is one of our longest expeditions in Antarctica, departing at the peak of its summer and with an attempt to sail below the Antarctic Circle to try to reach the usually secluded yet magnificent Marguerite Bay. Begin and end in Buenos Aires The Argentine capital is the birthplace of tango, home to passionate football fans, and a world centre for all things cultural and culinary. After spending one exciting night here at the start, you'll head to Ushuaia to board your expedition ship and continue your journey south. When we cross the Drake Passage, the weather and sea ice here at the edge of the world can be unpredictable. That's why we don't have a fixed itinerary when we travel to Antarctica, but instead carefully monitor the current conditions and decide on the best sites for each day. It's what we like to call the expedition factor. Antarctica: a place of pure amazement Get ready for ten full days in Antarctica, being in awe of immense icebergs and whales, spotting many species of seabird and seeing colonies of penguins with their chicks. The season's milder weather may have created a path through the sea ice south of the Antarctic Circle, all the way to Marguerite Bay to possibly visit the remote research stations there. Join the Expedition Team in lectures, ice-cruising and landings along the way.



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Day 1 Buenos Aires Arrival Day

After your flight from Australia or New Zealand, arrive in Buenos Aires and be transferred to your hotel. The rest of the day is at





your leisure.

Day 2 Buenos Aires Tango, tastes and theatre

Spend a day at leisure in the bustling capital of Argentina. This is where passionate tango was born and you can watch, or better yet join in, shows at numerous locations across the city. To fuel your dance moves, there's plenty of delicious local food to sample, like meaty empanadas, choripán, top-notch Argentinian steak, Malbec red wine and of course creamy dulce de leche for dessert.

Day 3 Buenos Aires/Ushuaia Meeting your ship at the 'End of the World'

A flight takes you to Ushuaia early in the morning. Being at the southern tip of South America's mainland, this port city seems to proudly call itself the 'End of the World'. MS Roald Amundsen is here, ready and waiting to begin your journey ever south. Over the next two weeks, you'll appreciate that, of all the possible places in the world, the winner of the 'End of the World' title is without a doubt actually Antarctica. Once you've embarked the ship, there will be a mandatory safety briefing, followed by a welcome ceremony by your Expedition Team. The ship will also launch and set sail into the Beagle Channel. After you've had some time to relax and unpack in your cabin, a dinner will be held to welcome everyone on board and toast to a great expedition together.

Day 4-5 Drake Passage Closing in on Antarctica

Not long now until you are in Antarctica, but first, it's time to earn your sea legs as we cross the Drake Passage, named after famous English seaman, Sir Francis Drake. However, Drake only discovered these waters by accident when strong winds blew one of his ships off course. The first actual recorded voyage took place 40 years later when Dutch navigator William Schouten

successfully sailed the route in 1616. During the two days spent at sea, the Expedition Team will prepare you for your stay in the pristine wilderness. Want to know how to make your visit safe for the environment? The Expedition Team will teach you all you need to know, introducing you to important IAATO regulations that are there to protect you and these fragile habitats. After that, they will start their inspiring lecture programme in the Science Center. Topics are delivered by a range of experts, equipping you with key information about Antarctica's explorer history from Shackleton to Scott to Amundsen, the continent's diverse wildlife and its rapidly changing landscapes. They will also show you how you can get involved in Citizen Science projects to carefully observe wildlife in Antarctica and help collect data for current scientific research. There'll be time to eniov a range of tastebud-tickling meals in the ship's three onboard restaurants. Our guests, past and present, often have rave reviews about the food we serve on board. And don't worry, you can always burn off the extra calories in the indoor or outdoor gym, infinity pool or sauna. Meanwhile, joggers can keep up on their kilometres on the outdoor track while racing against the seabirds that sometimes follow the ship.

Day 6-16 Antarctica Exploring south of the Antarctic Circle

Antarctica certainly doesn't disappoint. It is a place of pure wonder and joy. You'll gaze across waters full of intricate icebergs as a never-ending horizon of brilliant white ice edges and snow-coated mountains stretch out in front of you. In the skies above and shores below, the likes of shearwaters, sandpipers, fulmars, prions and many other seabirds can be seen. With all this to enjoy, even the ten days we spend here may not seem enough. Perhaps even more thrilling will be your first encounter with the huge colonies of penguins during one of



our many landings ashore. Or how about watching whales swim freely in their natural habitat from the ship, or if you are really lucky, while being out with the small explorer boats or in a kayak as part of an optional activity. Whatever wildlife encounters we might be fortunate enough to experience, we are careful to follow clear IAATO guidelines at all times. You'll see that we live and breathe sustainability and are proud to have the lowest possible CO2 footprint of all expedition cruises to Antarctica. During the Antarctic summer, new routes through the sea ice further south and below the Antarctic Circle often become possible. We'll be hoping for just that. MS Roald Amundsen and its strengthened PC6 ice-hull will attempt to aim for Marguerite Bay and to explore islands along the way. First discovered by French explorer Jean-Baptiste Charcot in the early 20th century, the ol' romantic named the bay after his wife. As long as the weather and sea ice are favourable, there might be the possibility to visit one of the few research stations, as well as Adélie penguin colonies which aren't usually seen in the northern parts of the peninsula. Wherever we are and whenever possible, the Expedition Team will give you key information on the wildlife and the landscape to make your experience even more vivid. And of course, there will be both included landings and ice-cruising, as well as other optional activities.

Day 17-18 Drake Passage Returning to warmer waters

Your exhilarating exploration of Antarctica had to come to an end sometime. Even after ten days, you'll only have scratched the surface of all there is to discover. And yes, let's say it, it really is just the tip of the iceberg! Your head will likely still be a swirling kaleidoscope of special memories and new knowledge. You might even hanker for Antarctic scenery again and start to sift through your countless photos and videos just to recapture a

sense of its magnitude. Likewise, without the landings you've grown accustomed to, you might need to defuse any added adrenaline you have by hitting the gym and sauna. If it's still tough to switch off, a few relaxing treatments in the Wellness Spa are sure to cure you of that.

Day 19 Ushuaia/Buenos Aires Ambassadors for Antarctica

It can be a bittersweet moment as we arrive back in Ushuaia. You'll have experienced a journey that most can only dream of. But the time has come to leave Antarctica, the ship, the crew, and the Expedition Team behind, and part company with fellow explorers who have felt like family during this adventure together. After you disembark the ship, a transfer brings you to the airport for your flight back to Buenos Aires. From there, you'll either return home, head on elsewhere, or extend your stay in the city of tango to take in more of the beautiful culture and sites you didn't get a chance to at the start of the expedition. We also offer an optional Post-Programme to the magnificent Iguazu waterfalls from here, if you are in no real hurry to get home.

Day 20 Buenos Aires Departure Day

Enjoy a day at leisure in Buenos Aires before being transferred to the airport for your flight back to Australia or New Zealand.

Please Note:

Hurtigruten offers unique expedition cruises to some of the most remote and pristine waters of the world. As with all expeditions; nature prevails. Weather, and ice and sea conditions, sets the final framework for all Hurtigruten's operations. Safety and unparalleled guest experiences are at all times our top priorities. All our indicative itineraries are continuously evaluated for adaptions, whether this is due to constraints the elements





unexpectedly presents – or exciting possibilities nature and wildlife offer. That is why we call it an expedition.



YOUR SHIP: ROALD AMUNDSEN

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VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

Launched in 2019. The state of the art vessel features new and environmentally sustainable hybrid technology that will reduce fuel consumption and show the world that hybrid propulsion on large ships is possible. MS Roald Amundsen is the first of two hybrid ships to be launched cutting emissions by sailing with electrical propulsion. Hybrid technology, combined with the advanced construction of the hull and effective use of electricity on board will reduce fuel consumption and CO2-emissions on the ships by 20 percent. The future of shipping will be silent and emission free. MS Roald Amundsen will lead the way towards an even more sustainable way of traveling. Sailing on electrical power is not only a great benefit for the environment, but it will also enhance the impact of experiencing nature for the guests. The ship will be specially constructed for voyages in polar waters and serve as a comfortable basecamp at sea - bringing adventurers from all over the world to the most spectacular destinations in the most sustainable way. These ships combine state-of-the-art technology together with a premium onboard experience. All cabins are outside, half have private balconies, and aft suites even boast private outdoor Jacuzzis, to soak up the stunning scenery in style. Facilities on board One of the

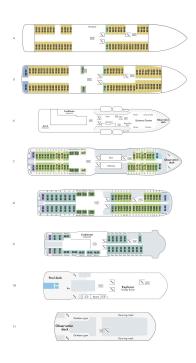
most eye-catching exterior design features of the ships will be the two-level indoor/outdoor Observation Deck wrapped around the top of the ships' raked bow. In a vast area behind it, you'll find the core of the onboard experience: Amundsen Science Center. Packed with state of the art technology and high tech gadgets such as touch screens and science equipment, the immersive edutainment area will be the place guests and staff/crew meet, mingle and create a deeper understanding for the areas they explore. The flexible venue will feature lecture spaces, a small library, and speciality areas for workshops in photography, biology, and more. The stunning scenery will be reflected in a rich and comfortable interior design. Scandinavian materials from nature, such as granite, oak, birch and wool will be used to create relaxed and stylish cabins and public areas. All cabins are outside, 50 % will have private balconies, aft suites will feature private outdoor Jacuzzis with



spectacular views.



INSIDE YOUR SHIP



Arctic Superior. From Expedition Suite. From





Polar Outside. From





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